

Personal Development Overview 2025 / 2026- Updated



Cycle 1

Cycle 1	Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	A/B	B	A	B	A	B	A	B	A	B	A	B	A	B
	Date	W/C 25/08	W/C 01/08	W/C 08/08	W/C 15/09	W/C 22/09	W/C 29/09	W/C 06/10	W/C 13/10	W/C 03/11	W/C 10/11	W/C 17/11	W/C 24/11	W/C 01/12
	Elective				Block 1 Elective (1)	Block 1 Elective (2)	Block 1 Elective (3)	Block 1 Elective (4)	Open Evening No Elective	Block 1 Elective (5)	Data and Planning Days No Elective	Block 1 Elective (6)	Block 1 Elective (7)	Block 1 Elective (8)
	Key Dates	Term 1 Bank Holiday (25/08)							Open Evening)	Data and Planning Days			
	PDS	All years- Induction	Year 7- Transition Year 8- New building Yr9- Employability 7r10- Law UK Yr 11- Colleges/TLEVEL/ Apprenticeship	Year 7-Families# Yr8- History of voting Year 9- Applying jobs Yr10- Courts Yr11- University	Year 7- Friendships Year 8-Role of parliament Year 9-Options Yr 10- How to vote Yr11- GCSE Revision	Year 7-Managing conflict/emotion Year 8-Monarchy Year 9-Colleges, apprenticeships Yr 10- Manage money Yr 11- Preparing interview	Year 7-Puberty Year 8- Role of police Year 9-HE, t Level, Apprenticeships Yr10-Gambling Yr 11- CVs	Year 7-Puberty and the mind Year 8- How laws are made Year 9-Employer-payment Yr 10- Mortgages Yr 11- AI and jobs	Year 7- Citizenship Year 8- Discrimination(E A 2010) Year 9-Keep money safe Yr 10- Healthy relationship Yr 11- Taxes	Year 7-British Citizen Year 8- Finance Year 9-Workers rights Yr10- STI Contraception Yr11- Economy	Year 7-UK Government Year 8- Taxes Year 9- Volunteering Yr 10- Different relationships Yr 11- Crypto safety	Year 7-Elections and voting Year 8- Your rights Year 9- Volunteering Yr10-Media and Intimate relationships Yr 11- PS	Year 7-Political parties Year 8- Active Citizenship Year 9-Crime-Volunteering YR 10- FGM YR 11- ps	Year 7- Dictatorship Year 8- Volunteering Year 9-Gangs Yr 10- Child on Child Yr 11- Online spending
	Careers Morning Meeting		Routines	Student Leadership at DNG	School Council – The power of student voice	LMI Introductions	LMI Manchester	Black History Month Inspirational People	Black History Month Inspirational People	Cycle 1 Assessments Importance of Revision		Unifrog Launch	Revision Habits	How to Revise Mind-mapping
	Unifrog			Student Experience Overview						Onboarding call	Unifrog Staff Training	Unifrog Launch MM	Unifrog Launch IT Room	Unifrog Launch IT Room
												Unifrog Launch MM	Unifrog Launch IT Room	Unifrog Launch IT Room
		Stretch		Stretch Launch	Mini-Questions	Research Methods QUADs Grids		Hook and Reveal		Four Strands of Successful Speeches	Powerful Language FORECAST	Piecing Your Speech Together	Improving Memory and Stage Presence	Stretch Exhibition (Advisories)
	Stretch		Devising Key Questions	Logos	Research Methods		Hook and Reveal	Rhetoric	Pathos	Learning Your Speech			Stretch Exhibition (Advisories)	
	Student Leadership			House Representative Elections	Head Student Applications	Inktober Launch School Council	Black History Month Competition Launch	School Council HT1 Recognition	Lest We Forget Competition Launch		School Council			

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Cycle 2	Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	A/B	A	B	A	B	A	B	A	B	A	B	A	B	A
	Date	W/C 8/12	W/C 15/12	W/C 05/01	W/C 12/01	W/C 19/01	W/C 26/01	W/C 02/02	W/C 09/02	W/C 23/02	W/C 02/03	W/C 09/03	W/C 16/03	W/C 23/03
	Focus	Block 2 Elective (1)	Block 2 Elective (2)	Block 2 Elective (3)	Block 2 Elective (4)	Block 2 Elective (5)	Block 2 Elective (6)	Block 2 Elective (7)	Block 2 Elective (8)	Block 3 Elective (1)	Data and Planning Day	Block 3 Elective (2)	Block 3 Elective (3)	Block 3 Elective (4)
	Key Dates	Y7/Y8 Assessments	Y7/Y8 Assessments	Term 3	Y7/Y8 Data Input (16/1)	Y8 Parents Evening	Y7 Parents Evening		Trust Conference (14/2)		Term 4	Data Day (06/03) Planning Day (07/03)		
	PDS	Year 7- How other countries are run Year 8- Volunteering Christmas Year 9- Knife crime Yr 10- Stalking, harassment Yr11- Gambling-Money related	Year 7- Stereotypes/ Prejudice Year 8- Misogyny Year 9- Chinf on Child Yr 10- Drugs/Alcohol Yr11-Bodies response to stress	Year 7-Gender stereotypes Year 8-Puberty, changes Year 9- Child on Child Yr 10- Impact of addiction Yr11- Alcohol and drugs	Year 7-IMedia Stereotypes Year 8-Teen in media Year 9-Healthy Lifestyle CYr 10- Misogyny, Sexism Yr 11- Decision making	Year 7-Improve Communities Year 8-Sexuality Year 9- Healthy Lifestyle Yr 10-Smoking and vaping Yr 11- Consent	Year 7Volunteering Year 8 Body Image Year 9- AI Innovate Her Yr 10- Drugs and alcohol Yr 11- Fertility and pregnancy	Year 7-DL- Stay Safe online Year 8-Emotional Wellbeing Year 9- AI Innovate her Yr 10- Energy drinks Yr 11- Gender Equality	Year 7-DL- Reliable Souces Year 8-Body image Year 9-Carrers Week Yr 10 FA-Meningitis Yr 11- Race Equality	Year 7 Digital literacy- Social Meida Year 8- International Careers Week Year 9- Yr 10- Poisonous/Harmful substances Yr 11- LGBTQ	Year 7- DL- Responsible online Year 8- International Womens Day Year 9 Yr 10-FA- Strokes Yr11- Coping exam stress	Year 7 DL- Opportunities and risk- PDS Assessment Year 8-DL- Safety Year 9- Knife Crime Yr10- Sleep- Memory Yr11- MH Stigma	Year 7-Healthy Eating Year 8-Reliable Sources Year 9- Knife Crime Yr 10- WEX Yr 11-Sleep	Year 7-Smoking and Vaping Year 8-SSocail Media Year 9-County Lines Yr 10- WEX Yr 11- Anxiety
Careers Morning Meeting	Careers and the Future Part 1	Careers and the Future Part 2	Careers and the Climate Part 1	Careers and the Climate Part 2	What makes a great team player? Part 1	What makes a great team player? Part 2	What makes a great communicator? Part 1	What makes a great communicator? Part 2	Is AI a threat to our jobs? Part 1	Is AI a threat to our jobs? Part 1	CAR Model Competencies	Is AI a threat to our jobs? Part 2	Subject Spotlight: Working in English	
Unifrog	Y7 – Who am I? IT Room					Exploring possibilities: dream job	Quick Task - Interests profile	Quick Task - Personality profile	What is a career?			Quick task - Work environments profile	What is an entrepreneur?	
	Y8 – What are my interests?					Job applications: superhero CVs	Quick Task - Interests profile	Quick Task - Personality profile				Quick task - Work environments profile	Challenges and rewards of work	
Frist Give Y8									Staff CPD	Staff Training Recap	Launch Assembly Session 1 in RR	First Give Session 2	First Give Session 3	
Stretch	Stretch Exhibition (Advisories)	Stretch Finals												
	Stretch Exhibition (Advisories)	Stretch Finals												
Student Leadership		School Council Cycle 1/HT2 Recognition			School Council			School Council HT3 Recognition				School Council 21/3	Anti-Racism Focus Groups	

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Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
A/B	B	A	B	A	B	A	B	A	B	A	B	A	B
Date	W/C 30/03	W/C 20/04	W/C 27/04	W/C 04/05	W/C 11/05	W/C 18/05	W/C 01/06	W/C 08/06	W/C 15/06	W/C 22/06	W/C 29/06	W/C 06/07	W/C 13/07
Focus	Block 3 Elective (5)	Block 3 Elective (6)	Block 3 Elective (7)	Block 3 Elective (8)	Block 4 Elective (1)	Block 4 Elective (2)	Block 4 Elective (3)	Block 4 Elective (4)	Block 4 Elective (5)	Block 4 Elective (6)	Block 4 Elective (7)	Block 4 Elective (8)	
Key Dates		Term 5 Bank Holiday (20/04)		Bank Holiday (05/05)			Term 6	Trust C3 Assessments	Trust C3 Assessments			DAT Y7/Y8 Data Input Deadline	End of Term (18/7)
POS	Year 7-Exercise Year 8-Vaping Year 9-County Lines Yr 10 Cancer-Causes Yr 11- PTSD	Year 7-Sleep Year 8- Energy Drinks Year 9-Water Safety Yr 10 Treatment Yr 11- Panic Attacks	Year 7-Healthy Eating Year 8-FLegal and Illegal Drugs Year 9-Water Safety Yr 10- Caffeine Yr 11posting	Year 7 Smoking and Vaping Year 8- Alcohol and decision making Year 9- Healthy Relationship Yr 10- Upstanders Yr 11-	Year 7-Hygeine and Puberty Year 8-Sleep Year 9-Healthy Relationships Yr 10- MH-Seek support	Year 7- Road and Transport Safety Year 8-Healthy Lifestyle Year 9- Consent Yr 10Self awareness	Year 7-Water and Sun Year 8- FA- Burns and Choking Year 9-F- Consent Yr10- Memory and health Yr 11- Exams	Year 7-First Aid-Intro Year 8- FA- Bleeding Heavily Year 9-- Contraception Yr 10- Revision Yr 11- Exams	Year 7- First Aid-Bleeding Heavily Year 8- First Aid Head Injury Year 9- Contraception Yr 10- Revision tricks Yr 11- Exams	Year 7 FA- Allergies Year 8-Water Sun Safety Year 9-HIV Yr 11- Exams	Year 7- Mental Health Year 8- Menatl Wellbeing Year 9-hiv-Year Pregnancy, Babies/ Fertility	Year 7- Assessment Yr 8 Public Transport Year 9-Misogyny All years Reflection/ Assessment	Year 7- Gap Fill Project Year 8- Road Safety Year 9-
Careers Morning Meeting	Subject Spotlight: Working in Maths	Subject Spotlight: Working in Creative Sectors	Cycle 3 Assessments Revision Timetable	Revision Habits	Revision Skills	Revision Skills	Dream Team	Dream Team	Subject Spotlight: Working in Science	Subject Spotlight: Working in MFL	Subject Spotlight: Working in Humanities	Subject Spotlight: Working in Engineering	Dream Team
Unifrog		Quick Task – Skills profile	What is a work-life balance?		What is an entrepreneur?	Quick Task – Skills profile reasoning			What is a work-life balance?		Careers and the future	Quick Task – Skills profile numbers	
		Quick Task – Skills profile	Creating the life you want: making a vision board		Challenges and rewards of work	Quick Task – Skills profile reasoning			Creating the life you want: making a vision board		Careers and the climate	Quick Task – Skills profile numbers	What does success mean to me?
First Give	First Give Presentation 1	First Give Presentation 2	First Give Presentation 3	First Give Presentation 4			Presentation Skills Workshop 6/6/25 P3-P4	First Give Final 13/6/25 9-10.40 Break 11.30-12.30 Final					
Dream Team							Dream Team Launch Exhibition Boards	My Sentence Aspirations	Behaviour and Attitude	Extra-Curricular Co-Curriculum Expeditions	Academic Successes and Next Steps	Learning My Speech	Dream Team Interviews

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	Student Leadership	School Council 4/4 Cycle 2/HT4 Recognition	Manchester Citizens Launch			School Council	School Council Citizens UK Delegates Meet HT5 Recognition	School Council		School Council		Youth Leadership Programme Summit	School Council	Climbing a Mountain Expedition Sports Showcase Cycle 3/HT6 Recognition
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Cycle 3