

Personal Development Overview 2025 / 2026- Updated May

Cycle 1

Cycle 1	Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	A/B	B	A	B	A	B	A	B	A	B	A	B	A	B
	Date	W/C 25/08	W/C 01/08	W/C 08/08	W/C 15/09	W/C 22/09	W/C 29/09	W/C 06/10	W/C 13/10	W/C 03/11	W/C 10/11	W/C 17/11	W/C 24/11	W/C 01/12
	Elective				Block 1 Elective (1)	Block 1 Elective (2)	Block 1 Elective (3)	Block 1 Elective (4)	Open Evening No Elective	Block 1 Elective (5)	Data and Planning Days No Elective	Block 1 Elective (6)	Block 1 Elective (7)	Block 1 Elective (8)
	Key Dates	Term 1 Bank Holiday (25/08)							Open Evening	)	Data and Planning Days			
	PDS	All years- Induction	Year 7- Transition Year 8- New building Yr9- Employability Yr10- Law UK Yr 11- Colleges/TLEVEL/ Apprenticeship	Year 7-Families# Yr8- History of voting Year 9- Applying jobs Yr10- Courts Yr11- University	Year 7- Friendships Year 8-Role of parliament Year 9-Options Yr 10- How to vote Yr11- GCSE Revision	Year 7-Managing conflict/emotion Year 8-Monarchy Year 9-Colleges, apprenticeships Yr 10- Manage money Yr 11- Preparing interview	Year 7-Puberty Year 8- Role of police Year 9-HE, t Level, Apprenticeships Yr10-Gambling Yr 11- CVs	Year 7-Puberty and the mind Year 8- How laws are made Year 9-Employer-payment Yr 10- Mortgages Yr 11- AI and jobs	Year 7- Citizenship Year 8- Discrimination(E A 2010) Year 9-Keep money safe Yr 10- Healthy relationship Yr 11- Taxes	Year 7-British Citizen Year 8- Finance Year 9-Workers rights Yr10- STI Contraception Yr11- Economy	Year 7-UK Government Year 8- Taxes Year 9- Volunteering Yr 10- Different relationships Yr 11- Crypto safety	Year 7-Elections and voting Year 8- Your rights Year 9- Volunteering Yr10-Media and Intimate relationships Yr 11- PS	Year 7-Political parties Year 8- Active Citizenship Year 9-Crime-Volunteering YR 10- FGM YR 11- ps	Year 7- Dictatorship Year 8- Volunteering Year 9-Gangs Yr 10- Child on Child Yr 11- Online spending
	Careers Morning Meeting		Routines	Student Leadership at DNG	School Council – The power of student voice	LMI Introductions	LMI Manchester	Black History Month Inspirational People	Black History Month Inspirational People	Cycle 1 Assessments Importance of Revision		Unifrog Launch	Revision Habits	How to Revise Mind-mapping
	Student Leadership				House Representative Elections	Head Student Applications	Inktober Launch School Council	Black History Month Competition Launch	School Council HT1 Recognition	Lest We Forget Competition Launch		School Council		

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Cycle 3

Cycle 2	Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	A/B	A	B	A	B	A	B	A	B	A	B	A	B	A
	Date	W/C 8/12	W/C 15/12	W/C 05/01	W/C 12/01	W/C 19/01	W/C 26/01	W/C 02/02	W/C 09/02	W/C 23/02	W/C 02/03	W/C 09/03	W/C 16/03	W/C 23/03
	Focus	Block 2 Elective (1)	Block 2 Elective (2)	Block 2 Elective (3)	Block 2 Elective (4)	Block 2 Elective (5)	Block 2 Elective (6)	Block 2 Elective (7)	Block 2 Elective (8)	Block 3 Elective (1)	Data and Planning Day	Block 3 Elective (2)	Block 3 Elective (3)	Block 3 Elective (4)
	Key Dates	Y7/Y8 Assessments	Y7/Y8 Assessments	Term 3	Y7/Y8 Data Input (16/1)	Y8 Parents Evening	Y7 Parents Evening		Trust Conference (14/2)	Term 4	Data Day (06/03) Planning Day (07/03)			
	PDS	Year7- How other countries are run Year 8- Volunteering Christmas Year 9-Knife crime Yr 10- Stalking, harassment Yr11- Gambling- Money related	Year 7- Stereotypes/ Prejudice Year 8-Misogyny Year 9- Chinf on Child Yr 10- Drugs/Alcohol Yr11-Bodies response to stress	Year 7-Gender stereotypes Year 8-Puberty, changes Year 9- Child on Child Yr 10- Impact of addiction Yr11- Alcohol and drugs	Year 7-IMedia Stereotypes Year 8-Teen in media Year 9-Healthy Lifestyle CYr 10- Misogyny, Sexism Yr 11- Decision making	Year 7-Improve Communities Year 8-Sexuality Year 9- Healthy Lifestyle Yr 10-Smoking and vaping Yr 11- Consent	Year 7Volunteering Year 8 Body Image Year 9- AI Innovate Her Yr 10- Drugs and alcohol Yr 11- Fertility and pregnancy	Year 7-DL- Stay Safe online Year 8-Emotional Wellbeing Year 9- AI Innovate her Yr 10- Energy drinks Yr 11- Gender Equality	Year 7-DL- Reliable Souces Year 8-Body image Year 9-Carrers Week Yr 10 FA- Meningitis Yr 11- Race Equality	Year 7 Digital literacy- Social Meida Year 8- International Careers Week Year 9- Yr 10- Poisonous/Harmf ul substances Yr 11- LGBTQ	Year 7- DL- Responsible online Year 8- International Womens Day Year 9 Yr 10-FA- Strokes Yr11- Coping exam stress	Year 7 DL- Opportunities and risk- PDS Assessment Year 8-DL- Safety Year 9- Knife Crime Yr10- Sleep- Memory Yr11- MH Stigma	Year 7-Healthy Eating Year 8-Reliable Sources Year 9- Knife Crime Yr 10- WEX Yr 11-Sleep	Year 7-Smoking and Vaping Year 8-SSocail Media Year 9-County Lines Yr 10- WEX Yr 11- Anxiety
	Careers Morning Meeting	Careers and the Future Part 1	Careers and the Future Part 2	Careers and the Climate Part 1	Careers and the Climate Part 2	What makes a great team player? Part 1	What makes a great team player? Part 2	What makes a great communicator? Part 1	What makes a great communicator? Part 2	Is AI a threat to our jobs? Part 1		CAR Model Competencies	Is AI a threat to our jobs? Part 2	Subject Spotlight: Working in English
	Frist Give Y8									Staff CPD	Staff Training Recap			
	Stretch	Stretch Exhibition (Advisories)					Yr7- Stretch Sessions 1-6	Yr7- Stretch Sessions 1-6	Yr7- Stretch Sessions 1-6	Yr7- Stretch Sessions 1-6	Yr7- Stretch Sessions 1-6	Yr7- Stretch Sessions 1-6		
		Stretch Exhibition (Advisories)												
	Student Leadership		School Council Cycle 1/HT2 Recognition			School Council			School Council HT3 Recognition				School Council 21/3	

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	A/B	B	A	B	A	B	A	B	A	B	A	B	A	B
	Date	W/C 30/03	W/C 20/04	W/C 27/04	W/C 04/05	W/C 11/05	W/C 18/05	W/C 01/06	W/C 08/06	W/C 15/06	W/C 22/06	W/C 29/06	W/C 06/07	W/C 13/07
	Focus	Block 3 Elective (5)	Block 3 Elective (6)	Block 3 Elective (7)	Block 3 Elective (8)	Block 4 Elective (1)	Block 4 Elective (2)	Block 4 Elective (3)	Block 4 Elective (4)	Block 4 Elective (5)	Block 4 Elective (6)	Block 4 Elective (7)	Block 4 Elective (8)	
	Key Dates		Term 5 Bank Holiday (20/04)		Bank Holiday (05/05)			Term 6	Trust C3 Assessments	Trust C3 Assessments			DAT Y7/Y8 Data Input Deadline	End of Term (18/7)
	POS	Year 7-Exercise Year 8-Vaping Year 9-County Lines Yr 10 Cancer- Causes Yr 11- PTSD	Year 7-Sleep Year 8- Energy Drinks Year 9-Water Safety Yr 10 Treatment Yr 11- Panic Attacks	Year 7-Healthy Eating Year 8-FLegal and Illegal Drugs Year 9-Water Safety Yr 10- Caffeine Yr 11posting	Year 7 Smoking and Vaping Year 8- Alcohol and decision making Year 9- Healthy Relationship Yr 10- Upstanders Yr 11-	Year 7-Hygeine and Puberty Year 8-Sleep Year 9-Healthy Relatiobnships Yr 10- MH-Seek support	Year 7- Road and Transport Safety Year 8-Healthy Lifestyle Year 9- Consent Yr 10Self awareness	Year 7-Water and Sun Year 8- FA- Burns and Choking Year 9-F- Consent Yr10- Memory and health Yr 11- Exams	Year 7-First Aid- Intro Year 8- FA- Bleeding Heavily Year 9-- Contraception Yr 10- Revision Yr 11- Exams	Year 7- First Aid- Bleeding Heavily Year 8- First Aid Head Injury Year 9- Contraception Yr 10- Revision tricks Yr 11- Exams	Year 7 FA- Allergies Year 8-Water Sun Safety Year 9-HIV Yr 11- Exams	Year 7- Mental Health Year 8- Menatl Wellbeing Year 9-hiv-Year Pregnancy, Babies/ Fertility	Year 7- Assessment Yr 8 Public Transport Year 9-Misogyny All years Reflection/ Assessment	Year 7- Gap Fill Project Year 8- Road Safety Year 9-
	Careers Morning Meeting	Subject Spotlight: Working in Maths	Subject Spotlight: Working in Creative Sectors	Careers in Geography	Protecterd Characteristics	Revision Skills	Revision Skills	Dream Team	Dream Team	Subject Spotlight: Working in Science	Subject Spotlight: Working in MFL	Subject Spotlight: Working in Humanities	Subject Spotlight: Working in Engineering	Dream Team
	Unifrog		Introduction to Unifrog		Unifrog 101		Personality Quiz		Interests Quiz	Yr9- Careers Block- Planning				
	Frist Give	Yr 8-First Give Presentation 1	yr8-First Give Presentation 2	Yr 8- First Give Presentation 3	Yr8- First Give Presentation 4			Presentation Skills Workshop	First Give Final					
	Dream Team							Dream Team Launch Exhibition Boards	My Sentence Aspirations	Behaviour and Attitude	Extra-Curricular Co-Curriculum Expeditions	Academic Successes and Next Steps	Learning My Speech	Dream Team Interviews
	Student Leadership	School Council 4/4 Cycle 2/HT4 Recognition	Manchester Citizens Launch			School Council	School Council Citizens UK Delegates Meet	School Council		School Council		Youth Leadership Programme Summit	School Council	Climbing a Mountain Expedition Sports Showcase

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							HT5 Recognition							Cycle 3/HT6 Recognition
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Cycle 3