

Year 9 Long Term Plan - Boys

Cycle 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	wc 25/08	wc 01/09	wc 08/09	wc 15/09	wc 22/09	wc 29/09	wc 06/10	wc 13/10	wc 3/11	wc 10/11	wc 17/11	wc 24/11	wc 1/12
	Football : Passing & Receiving	Football: Dribbling & Ball Control	Football : Shooting & Attacking	Football : Defending Principles	Football : Small-Sided Tactics	Football : Game Play Application	Badminton: Grip & Footwork	Badminton: Serving	Badminton: Net Play	Badminton: Smash & Clear	Badminton: Rally Development	Badminton: Game Tactics	Badminton: Assessment Week
Cycle 2	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	wc 08/12	wc 15/12	wc 05/01	wc 12/01	wc 19/01	wc 26/01	wc 02/02	wc 09/02	wc 23/02	wc 02/03	wc 09/03	wc 16/03	wc 23/03
	Basketball: Ball Handling	Basketball : Passing & Movement	Basketball: Shooting Technique	Basketball: Defending & Footwork	Basketball: Team Offense Basics	Basketball: Game Play	Rugby: Handling Skills	Rugby: Passing Techniques	Rugby: Tackling Basics	Rugby: Attacking Principles	Rugby: Defensive Systems	Rugby: Game Play	Rugby: Assessment Week
Cycle 3	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	wc 13/04	wc 20/04	wc 27/04	wc 04/05	wc 11/05	wc 18/05	wc 01/06	wc 08/06	wc 15/06	wc 22/06	wc 29/06	wc 06/07	wc 13/07
	Cricket: Bowling Basics	Cricket: Batting Fundamentals	Cricket: Fielding Skills	Cricket: Gameplay Tactics	Cricket: Positioning	Cricket: Match Scenarios	Rounders: Fielding Basics	Rounders: Batting Technique	Rounders: Tactics in Play	Rounders: Bowling Skills	Rounders : Team Strategy	Rounders: Match Play	Rounders: Assessment Week