



## Mental Health – Families

### External Support

If you are worried or have a concern about your child's mental health please speak to any member of staff. You can also talk to the following charities if you need further support. Click on the pictures for the website or phone using the numbers below.



M-thrive  
Resources and  
referrals for  
counselling



Mind Manchester  
Support for parent and student  
mental health.



Parenting Smart  
Short video and advice on  
supporting your child mental  
wellbeing



Greater Manchester Mental  
24hour support for mental health  
Phone: 0800 953 0285

**If you or your child is in  
immediate danger call  
999 immediately.**



Rethink Advice and  
Information service.  
Monday to Friday 9.30am to 4pm  
on 0300 5000 927.

## Mental Health– Families

### In School

#### Safeguarding Team

If you have any concerns about a student’s mental health please contact the academy by phone to speak to us or book an appointment.

Staff Member	Role
Stephen Garvey	Principal (DDSL)
Sophie Galloway	Vice Principal and Designated Safeguarding Lead (DSL)
Kate Henney	Vice Principal and Deputy Designated Safeguarding Lead (DDSL)
Katie Allen-Gyves	SEND/CO and Deputy Designated Safeguarding Lead (DDSL)
Cath Dell	Education and Welfare Officer

#### Contact us

Handle with care line (on the day before 8am): 0161 383 1162

School Number (after 8am): 0161 383 1160

Email: [info@dixonsng.com](mailto:info@dixonsng.com)

#### Drop – in sessions

Thursday Morning 8.35-9.25

Here you can speak to a member of the senior leadership team regarding any concerns without an appointment.