



Mental Health Support - Students

If you are worried or have a concern about your or a friend mental health please speak to any member of staff. You can also talk to the following charities if you need further support. Click on the pictures for the website or phone using the numbers below.



M-thrive
For tips, chat and
referral for
counselling



ONLINE, ON THE PHONE,
childline.org.uk | 0800 1111

Childline
1-2-1 counselling using chat



42nd Street
Drop in sessions, phone, and
counselling over chat.
Phone: 0161 228 7321.



Greater Manchester
Mental Health
NHS Foundation Trust

Greater Manchester Mental
24hour support for mental health
Phone: 0800 953 0285



Papyrus prevention of young
suicide
24 hours
0800 064 4141



Shout
Free text counselling service for
those in crisis



Kooth.com
Free text counselling service

If you or your friend is in
immediate danger call
999 immediately.



Mindline Trans+
helpline for people who identify as
transgender, agender, gender fluid and
non-binary.